Innovative Housing Services
The Mother House

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Students: Allison Engelhardt (Social Work), Elisabeth Corrales (Social Work), Jean-Pierre Jabo (Dental Hygiene)
UNE, since 1831

- 3 campuses
- 12+ health professions
- Maine’s only dental school
- Maine’s only medical school
Center for Excellence in Aging & Health

- Started one year ago (September 2018); Founding director Thomas Meuser
- Thanks to a gift of $1 million dollars from Housing Initiatives of New England
- Vision: Advancing inclusive, narrative-informed and outcome-oriented research on healthful aging
- Primary research program is the Legacy Scholars’ Program
Working together, we can....

Understand and reduce the impacts of ageism.

Listen and learn from the experiences of persons aging in place where ever they call home.

Extend the healthy period in the lives of aging Mainers and others.

Harness what works and the strengths of our neighbors to change negative stereotypes about growing older.

And so much more...
The Mother House

Portland Maine

- Former convent
- Owned by DC Management
- 88 Low, moderate, and market rate apartments
- CEAH has office in building
- Three students currently doing internships (social work and dental hygiene)
Needs Assessment for the Mother House

Rate on 1-10 scale --Examples
• Balance
• Physical Health
• Nutrition
• Emotional Health
• Social support
• Sleep
• Transportation

Rate level of Interest Low, mod, high
• Technology
• Dental Care
• Brain Health
• Memory
• Pain
• Stress Level

BASED ON WHAT WE COULD OFFER
Types of groups

Knitting
Mindfulness
Stretching
Figure Drawing
Arts and Crafts
Culinary Arts
Book club
Other Services

- Providing resources
- Providing educational sessions
- IGEP
- Listening and problem solving
- Helping residents to advocate for themselves
Planned Outing to State of Maine Department of Health and Human Services Listening session—Maine State Plan on Aging

• We plan to take the bus
• All residents invited
• If you are interested, contact
• James Moorhead 287-9200
In the planning stages

A Dental Hygiene Clinic

Senior dental hygiene students will provide services under supervision