

Program: HEAP Fuel Assistance	MHPN # 2025-HEAP-004
Action: PY2026 HEAP Updates	Effective Date: 08/15/2025
Issued by: MaineHousing, Energy and Housing Services	Expired Date:

This MaineHousing Notice is being issued to provide updates about HEAP Medical Deductions.

1. Information

The PY2026 HEAP Guide provides the following information regarding Medical Deductions:

- a. If a Household is ineligible due to being over income, the CAA will deduct eligible medical expenses from the Household's gross income in an amount only enough to make the Household income eligible. A medical expense will be considered eligible if:
 - i. It was not reimbursed by insurance or other organizations;
 - ii. A Household member made the payment within the income verification period; and
 - iii. It is allowable under IRS Publication 502 (ex. Hospital and doctor bills, medical and dental insurance premiums, prescriptions, and the cost of transportation to and from medical appointments). For more information, refer to <http://www.irs.gov/pub/irs-pdf/p502.pdf>.

Clarification

As HEAP no longer uses an Income Verification Period, Medical Deductions may be used if they are paid within the twelve (12) months prior to the application date, OR, if they are paid in the 28 days prior to the application date.

The amount of deductions required would be \$1.00 more than the amount that the household is over income annually or monthly respectively.

2. Notice Contact

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*Kelley Stonebraker, Maine State Housing Authority, 26 Edison Drive, Augusta, Maine 04330,
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